

JUNE 2013

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Hot Trend:

The percentage of U.S. adults avoiding gluten reaches a new high:

"30% of adults claimed to cut down on or avoid gluten completely in January 2013."

- NPD's Dieting Monitor
[Read full article here.](#)

CHIPOTLE & CILANTRO EGG SALAD

Did you know in every three adults claims to be cutting down or avoiding gluten? A new offering like this Cilantro and Chipotle Egg Salad can reinvigorate your menu and deliver what's in demand.

Just in time for summer, this salad is fresh, flavorful and gluten-free - plus it's easy for staff to prepare. Greek yogurt is mixed with chipotle peppers, aromatic spices and fresh cilantro then gently folded into Papetti's® diced hard cooked eggs. This dish presents beautifully when plated on fresh arugula or mixed greens.

[Get the full recipe or download the pdf here.](#)

MENU IDEAS: Perfect for summer brunch and lunch.

OPERATORS: Fine Dining, Family Dining, Business & Industry, Lodging, Healthcare, College & University

Featured Products



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Hard Cooked Eggs
#64102
[Product Specs \(PDF\)](#)



June Foodservice WINSights: Gluten-Free

Gluten-free is a consumer concern too large to ignore. Nearly 1 in 3 adults now say they are trying to cut back or avoid gluten.

- Gluten-free menu penetration has increased 60% over a year ago.
- Only 4% of restaurants feature Gluten-Free options; data suggests there is still a big gap between consumer demand and availability.

[Click here to get the June WINSights report. \(PDF\)](#)

AHF Annual Conference



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HEALTHCARE
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